

Meals on the Go!

Wild Caught Salmon Meal

Organic Chicken Meal

Brisket Taco Meal

Wild Caught Halibut Meal

Meatloaf Meal

Assorted Vegetarian Meals

Assorted Gluten Free and Clean Eating Diet Meals

Meals change daily. We always keep our staples like organic chicken meals, steak options, brisket tacos, meatloaf, wild caught salmon & halibut, tenderloin, vegetarian, vegan and so much more! Prices range from \$12 - \$25

Lettuce Rise Menu

Paleo BOOM Box- Two eggs, bacon, avocado, sliced tomato, organic squash hash

Assorted Muffins

Assorted Breakfast burritos and tacos

Chicken Chorizo Bowl

Super Coconut Chia Parfait with gluten free granola (vegan)

*Prices range from \$3.75 to \$10

Salads

TCB salad

Hearts of romaine tossed with dried cranberries, purple onion, toasted sunflower seeds, grape tomato, blue cheese, parmesan, pecans, sweet vidalia vinaigrette *our most popular salad with a description 😊

Retro Taco Salad

Popeye Salad

Smoked Chicken Salad

Assorted Pasta Salads (gluten free options)

Cucumber Salad

Tuna Salad

OUR Egg Salad

OUR Pimento & Cheese

Super Food Kale Salad

*New salads rotate daily as well as salad specials. Assorted Sizes and pricing. Please call or come in for pricing 😊

*Add Chicken or salmon to any non-meat salad



Casseroles

Creamy Chicken Enchilada

Our recipe!

Chicken Spaghetti

Our recipe!

Chicken Artichoke and Rice

Our recipe!

Sides

Cabernet sautéed mushroom, Classic Mashers, Mac n Cheese, Gluten Free Mac, White Truffle Mac, Hatch Green Chili Mac, Roasted Brussels Sprouts, Smoked Salmon Mousse, Spinach Dip, Honey Glazed Carrots, Assorted Soups, Assorted Chilis, organic vegetable medleys, and much more.

Lettuce Cater

We offer full service catering for any type of event/meeting/party you can imagine. Please call Natalie for information, catering menus, or questions. She has all the answers for you!

Natalie – Cell 817-821-1621/ Office – 817-989-2665

